

AROMATHERAPY LIST

Note:

In certain instances, an essential oil is considered safe where the plant has been specifically developed to produce an essential oil with a permissible content of a constituent considered being toxic.

Certain essential oils listed as "Q" have a high ketone content, or other chemical constituent that may render the essential oil toxic if used by the lay public. Oils marked as "H" on the original list have been included in the "Q" list for purposes of the new list, as qualified practitioners are trained to evaluate the appropriate use or avoidance of any potentially hazardous essential oils. Therefore, it is hoped that the following lists and their respective categorisation codes will be of use.

In keeping with this style of categorisation, the following letters have been designated to mean:

- [Q] for **QUALIFIED** – *for therapeutic aromatherapist health professional use only*
 [F] for **FREE/UNRESTRICTED**, *for lay public usage, with prescribed labelling requirements*

- List 1 = Alphabetical list, general [includes categories "Q" and "F"]
 List 2 = Free use list [category "F"] **[NB several oils on this list must have cautions listed on the label, due to contra-indications/side effects e.g. phototoxicity, skin sensitisation, and to be avoided during pregnancy]**
 List 3 = For qualified, registered practitioner use only. [category "Q"]

ESSENTIAL OILS

COMMON NAME	BOTANICAL NOMENCLATURE	CODE
ABSINTHE, African	<i>Artemesia afra</i>	Q
ACACIA, Sweet/see CASSIE	<i>Acacia farnesiana</i>	Q
AJMUD [Indian]	<i>Carum roxburghianum</i>	Q
AJOWAN	<i>Trachyspermum ammi</i>	Q
ALECOST/ BALSAMITA	<i>Chrysanthemum balsamita var. balsamita</i>	Q
ALLSPICE [see Pimento]		Q
ALOEWOOD/AGAR	<i>Aquilaria malaccensis</i>	F
AMBRETTE SEED [Absolute]	<i>Hibiscus abelmoschus, Abelmoschus moschatus</i>	F
AMMONIAC/BOMBAY SAMBUL/BOI	<i>Dorema ammoniacum</i>	Q
AMYRIS	<i>Amyris balsamifera</i>	Q
ANGELICA, Root	<i>Angelica glauca</i>	Q
ANGELICA, Seed	<i>Angelica archangelica; A.officinalis</i>	Q
ANGOSTURA	<i>Galipea trifoliata</i>	Q
ANISE, STAR	<i>Pimpinella anisum;</i>	Q
ANISE, STAR [Chinese]	<i>Illicium verum</i>	Q
ANISEED	<i>Anethum graveolens</i>	Q
ANISEED	<i>Pimpinella anisum</i>	Q
ANNIE, Sweet/ANNUAL WORMWOOD	<i>Artemisia annua</i>	Q
ARMOISE [thujone & davanone types]	<i>Artemesia herba alba</i>	Q
ARMOISE/ASINTHIUM [see Wormwood]	<i>Artemesia absinthium</i>	Q
ARNICA	<i>Arnica montana</i>	Q
ARTEMISIA	<i>Artemesia arborescens</i>	Q
ASAFETIDA/DEVIL'S DUNG	<i>Ferula asa-foetida</i>	Q
BALSAM, copaiba/capaiva/Jesuit's	<i>Copaifera officinalis</i>	F
BALSAM, Peru	<i>Myroxylon balsamum var.pereira</i>	Q
BALSAM, Tolu	<i>Myroxylon balsamum var.balsamum</i>	Q
BALSAM/Gurjum/Gurgun	<i>Dipterocarpus jourdainii</i>	Q
BASIL Sacred [TULSI]	<i>Ocimum sanctum</i>	Q
BASIL, Bush	<i>Ocimum basilicum var.minimum</i>	Q

BASIL, Camphor/hairy/hoary/dog	<i>Ocimum canum</i>	Q
BASIL, East African, Indian	<i>Ocimum kilimanjaricum</i>	Q
BASIL, Eugenol type; Thymol type	<i>Ocimum gratissimum</i>	Q
BASIL, Linalol	<i>Ocimum basilicum</i>	Q
BASIL, Methyl chavicol type	<i>Ocimum basilicum var.basilicum</i>	Q
BASIL, Sweet/French/European	<i>Ocimum basilicum</i>	Q
BASIL, True/green	<i>Ocimum basilicum var.grand vert</i>	Q
BASIL, Wild	<i>Calamintha nepeta</i>	Q
BAY, sweet/laurel/true	<i>Lauris nobilis</i>	Q
BAY, West Indian; Bay rum	<i>Pimenta racemosa</i>	Q
BENZOIN	<i>Styrax benzoin</i>	F
BERGAMOT	<i>Citrus bergamia</i>	F
BERGAMOT FCF	<i>Citrus aurantium</i>	F
BERGAMOT Petitgrain	<i>Citrus bergamia</i>	F
BERGAMOT, Mint	<i>Mentha citrata</i>	F
BERGAMOT, Wild/BEE BALM	<i>Monarda fistulosa</i>	Q
BIRCH Sweet	<i>Betula lenta</i>	Q
BIRCH, Cherry,	<i>Pendula,alleghaniensis</i>	Q
BIRCH, White, Silver, Yellow	<i>Betula pendula, Balba B pubenses</i>	Q
BLACK PEPPER	<i>Piper nigrum</i>	F
BOLDO LEAF	<i>Peumus boldus</i>	Q
BORNEOL, Borneol camphor	<i>Dryobalanops aromatica</i>	Q
BORONIA	<i>Boronia megastigma</i>	Q
BROOM, Spanish [[Absolute]]	<i>Spartium junceum</i>	F
BUCHU	<i>Agathosma betulina</i>	Q
BUCHU, Oval	<i>Agathosma crenulata</i>	Q
BUPLEVRE	<i>Bupleurum fructisosu</i>	Q
BUTTERBUR	<i>Petasites officinalis</i>	Q
CABREUVA	<i>Myrocarpus frondosus</i>	Q
CADE	<i>Juniperus oxycedrus</i>	Q
CAJEPUT	<i>Melaleuca leucadendron; M.cajuputii</i>	F
CALAMINT	<i>Calamintha sylvatica</i>	Q
CALAMINT	<i>Calamintha officinalis</i>	Q
CALAMINT	<i>Calamintha nepeta ssp.nepeta</i>	Q
CALAMUS	<i>Acorus calamus var.angustatus asarone</i>	Q
CALAMUS	<i>Acorus calamus var.calamus shyabunone</i>	Q
CALENDULA	<i>Calendula officinalis</i>	F
CALIFORNIA PEPPER/Peruvian mastic	<i>Schinus molle</i>	F
CALOPHYLLUM	<i>Calophyllum inophyllum</i>	F
CAMOMILE German	<i>Matricicaria chamomilia</i>	F
CAMOMILE Roman	<i>Anthemis nobilis</i>	F
CAMPBOR WOOD blue, brown	<i>Cinnamomum camphora</i>	Q
CAMPBOR, Japanese	<i>Cinnamomum camphora</i>	Q
CAMPBOR, White,/True/ Ho-sho	<i>Cinnamomum camphora</i>	Q
CAPE CAMOMILE [indigenous]	<i>Asteraceae eriocphalus punctulatus</i>	Q
CAPE SNOWBUSH [indigenous]	<i>Asteraceae eriocphalus africanus</i>	Q
CARAWAY	<i>Carum carvi; Apium carvi</i>	Q
CARDAMOM	<i>Elettaria cardamomun var.mysorensis; and others</i>	F
CARNATION [Absolute]	<i>Dianthus caryophyllus</i>	Q
CARROT SEED	<i>Daucus carota</i>	F
CARROT SEED, cultivated	<i>Daucus carota var.sativa</i>	F
CARROT SEED, wild, whole carrot; Queen Anne's lace – [about 12 subspecies]	<i>Daucus carota ssp.maximus</i>	F
CASCARILLA BARK, Bahama	<i>Croton eluteria</i>	F
CASSIA BARK	<i>Cinnamomum cassia</i>	Q
CASSIE [[Absolute]]	<i>Acacia farnesiana</i>	Q
CAT THYME, Dolichodial type	<i>Teucrium marum</i>	Q
CATNIP	<i>Nepeta cataria var.citriodora</i>	Q
CEDAR LEAF, Thuja	<i>Thuja occidentalis</i>	Q
CEDARWOOD Atlas	<i>Cedrus atlantica</i>	F
CEDARWOOD Himalayan	<i>Cedrus deodora.</i>	F
CEDARWOOD Virginian, Red	<i>Juniperus virginiana</i>	F
CEDARWOOD, East African	<i>Juniperus procera</i>	F
CEDARWOOD, Texas, Mexican	<i>Juniperus ashei</i>	Q

CEDARWOOD, White	<i>Cedrus atlantica</i>	F
CEDRAT	<i>Citrus medica var.vulgaris</i>	Q
CELERY	<i>Apium graveolens; A.var dulce; A.var rapaceum</i>	Q
CELERY SEED	<i>A.graveolens</i>	Q
CHAMOMILE German [blue]	<i>Matricaria recutita/chamomila</i>	F
CHAMOMILE Moroccan/wild/white	<i>Chamaemelum mixtum; Ormensis mixta</i>	F
CHAMOMILE ROMAN/Sweet/Tea	<i>Anthemis nobilis; Chamaemelum nobile</i>	F
CHAMPACA flower [[Absolute]]	<i>Michelia champaca</i>	F
CHAMPACA wood	<i>Bulesia sarmienti</i>	F
CHASTETREE	<i>Vitex agnus castus</i>	F
CHERVIL	<i>Anthriscus cerefolium; A.longirostrus</i>	Q
CINNAMON, Leaf, Bark	<i>Cinnamomum zeylanicum</i>	Q
CISTUS	<i>Cistus ladaniferus</i>	Q
CITRONELLA	<i>Cymbopogon nardus</i>	F
CLARY SAGE	<i>Salvia sclarea</i>	F
CLOVE, Bud, Organic, Leaf, Stem	<i>Eugenia caryophyllata</i>	Q
CORIANDER SEED/Chinese parsley	<i>Coriandrum sativum</i>	F
COSTUS ROOT	<i>Saussurea lappa</i>	Q
CUBEB SEED	<i>Piper cubeba</i>	F
CUMIN SEED Black	<i>Nigella sativa</i>	Q
CUMIN SEED/CUMMIN/Roman caraway	<i>Cuminum cyminum; C.odorum</i>	Q
CURRY LEAF	<i>Murraya koenigii</i>	F
CYPRESS Blue	<i>Cupressus sempervirens</i>	Q
DAVANA	<i>Artemisia pallens</i>	Q
DILL SEED	<i>Anethum graveolens</i>	Q
ELECAMPANE	<i>Inula helenium</i>	Q
ELEMI	<i>Canarium luzonicum</i>	F
EUCALYPTUS Blue Gum	<i>Eucalyptus globulus</i>	F
EUCALYPTUS Lemon	<i>Eucalyptus citriodora</i>	F
EUCALYPTUS Peppermint	<i>Eucalyptus dives</i>	F
EUCALYPTUS Polybractea	<i>Eucalyptus polybractea</i>	F
EUCALYPTUS Radiata	<i>Eucalyptus radiata</i>	F
EUCALYPTUS Smithii	<i>Eucalyptus smithii</i>	F
EUCALYPTUS Staigeriana	<i>Eucalyptus staigeriana</i>	F
FENNEL, Bitter	<i>Foeniculum vulgare var amara</i>	Q
FENNEL, Florence	<i>Foeniculum var.azoricum</i>	Q
FENNEL, Sweet	<i>Foeniculum vulgare var.dulce</i>	Q
FENNEL/FENKEL	<i>Foeniculum vulgare; F.officinale; F.cappilaceum; Anethum foeniculum</i>	Q
FIG Leaf	<i>Ficus carica</i>	Q
FIR, Canadian balsam	<i>Abies balsamea</i>	F
FIR, SILVER	<i>Abies alba</i>	F
FLEABANE	<i>Erigeron canadensis</i>	F
FLOUVE/Sweet vernalgrass	<i>Anthoxanthum odoratum</i>	F
FRANGIPANI [Absolute]	<i>Plumeria acutifolia</i>	F
FRANGIPANI [Absolute] [liquid]	<i>Plumeria acutifolia</i>	F
FRANKINCENSE	<i>Boswellia thurifera</i>	F
FRANKINCENSE	<i>Boswellia carterii</i>	F
GALANGAL ROOT	<i>Alpinia galanga</i>	Q
GALBANUM	<i>Ferula galbaniflua; F.gummosa</i>	F
GARLIC	<i>Allium sativum</i>	F
GERANIUM, Bourbon, China, Egypt	<i>Pelargonium graveolens</i>	F
GERANIUM, Bulgarian	<i>Geranium macrorrhizum</i>	Q
GINGER	<i>Zingiber officinale</i>	F
GOTU KOLA	<i>Centella asiatica</i>	F
GRAPEFRUIT, Marsh, Ruby	<i>Citrus paradisa</i>	F
HELICHRYSUM	<i>Helichrysum italicum</i>	F
HOPS	<i>Humulus lupulus</i>	Q
HORSERADISH	<i>Cochlearia armoracia</i>	Q
HOWOOD	<i>Cinnamomum camphora</i>	F
HYACINTH [Absolute]	<i>Hyacinthus orientalis</i>	Q
HYSSOP	<i>Hyssopus officinalis</i>	Q
IMMORTELLE [Absolute]	<i>Helichrysum stocchas</i>	F
INULA	<i>Inula graveolens</i>	Q

JABORANDI LEAF	<i>Pilocarppus jaborandi</i>	Q
JASMINE [ABSOLUTE]	<i>Jasminum grandiflorum</i>	F
JASMINE, Sambac, [Absolute]	<i>Jasminum sambac, officinale</i>	F
JUNIPER, Berry, Needle	<i>Juniperus communis</i>	F
KANUKA	<i>Kunzea ericoides</i>	F
KHELLA SEED/VISNAGA	<i>Ammi visnaga</i>	Q
LANTANA	<i>Lantana camara</i>	Q
LAUREL LEAF	<i>Laurus nobilis</i>	Q
LAVADIN	<i>Lavendula flagrans</i>	F
LAVANDIN, Abrialis	<i>Lavendula hybrida.</i>	F
LAVENDER Spanish	<i>Lavendula stoechas</i>	Q
LAVENDER, Cotton, Sandolina	<i>Santolina chamaecyparissus</i>	Q
LAVENDER, East European, Alpine organic, English organic, Tasmanian	<i>Lavandula augustifolia</i>	F
LAVENDER, Fine organic, Provence organic	<i>Lavendula vera</i>	F
LAVENDER, French 40/42	<i>Lavendula officinalis</i>	F
LAVENDER, Spike/ASPIC	<i>Lavendula latifolia; L.spica</i>	F
LEMON	<i>Citrus limon</i>	F
LEMON GRASS, East Indian	<i>Cymbopogon citratus, flexuosus</i>	Q
LEMON VERBENA	<i>Lippa citriodora</i>	F
LIME	<i>Citrus aurantifolia, medica</i>	F
LINALOE BERRY	<i>Bursera delpechiana</i>	F
LINDEN BLOSSOM, [Absolute]	<i>Tilia cordata, eurpoea</i>	F
LITSEA CUBEBA	<i>Litsea cubeba</i>	F
LOVAGE ROOT	<i>Levisticum officinalis</i>	Q
MANDARIN, Green, Red	<i>Citrus reticulata, madurensis</i>	F
MANUKA	<i>Leptospermum scoparium</i>	F
MARIGOLD [Absolute]	<i>Calendula officinalis</i>	F
MARJORAM Spain, Wild	<i>Thymus mastichind</i>	Q
MARJORAM, Sweet	<i>Origanum marjorana</i>	Q
MASTIC	<i>Pistacia lenticus</i>	Q
MELISSA	<i>Melissa officinalis</i>	F
MIMOSA, [Absolute]	<i>Acacia decurrens; Acacia dealbata</i>	F
MINT	<i>Mentha longifolia</i>	Q
MINT, Apple	<i>Mentha suaveolens</i>	Q
MUGWORT Common	<i>Artemisia vulgaris</i>	Q
MUGWORT, Greater	<i>Artemisia arborescens</i>	Q
MUGWORT, White	<i>Artemisia herba alba</i>	Q
MUSKROOT/SUMBUL	<i>Ferula diversittata; F.suavolens; F.moschata</i>	F
MUSTARD, Black	<i>Brassica nigra</i>	Q
MYRISTICA [see Nutmeg]		Q
MYRRH	<i>Commiphora myrrha</i>	F
MYRTLE, Bog	<i>Myrtus communis</i>	Q
NAGARMOTHA	<i>Cyperus rotundus</i>	Q
NARCISSUS [Absolute]	<i>Narcissus jonqillila; N.var.poeticus; N.var.radiiflorus</i>	F
NEROLI	<i>Citrus aurantium, vulgaris</i>	F
NIAOULI	<i>Melaleuca viridiflora</i>	F
NUTMEG	<i>Myristica fragrans</i>	Q
OAK MOSS [Absolute]	<i>Evernia prunastri</i>	F
ONION	<i>Allium cepa</i>	Q
OPOPANAX	<i>Commiphora erythraea.</i>	Q
ORANGE Bitter	<i>Citrus bigarde</i>	F
ORANGE, Sweet	<i>Citrus vulgaris, aurantium, sinensis</i>	F
ORIGANUM	<i>Origanum vulgare</i>	Q
ORIGANUM, Spanish	<i>Thymus capitatus</i>	Q
OSMANTHUS [Absolute]	<i>Osmanthus fragrans</i>	Q
PALMAROSA	<i>Cymbopogon martini</i>	F
PARSLEY Seed	<i>Petroselinum sativum</i>	Q
PATCHOULI	<i>Pogostemon cablin</i>	F
PENNYROYAL	<i>Mentha pulegium, pulegioides</i>	Q
PEPPERMINT Chinese	<i>Mentha arvensis</i>	F
PEPPERMINT Mitcham, USA	<i>Mentha piperita</i>	F
PERU, Balsam	<i>Myroxylon balsamum</i>	Q
PETITGRAIN	<i>Citrus aurantium</i>	F

PIMENTO	<i>Pimenta officinalis; P.dioica</i>	Q
PINE, Douglas	<i>Pseudotsuga douglassi</i>	Q
PINE, Dwarf	<i>Pinus pumilio, sylvestris</i>	Q
PINE, Giant	<i>Abies grandis</i>	F
RAVENSARA AROMATICA	<i>Ravensara aromatica</i>	F
ROSE BULGARIAN	<i>Rosa damascena</i>	F
ROSE Phytol	<i>Composite of several species</i>	F
ROSE, Otto, [Absolute]	<i>Rosa damascena</i>	F
ROSEMARY	<i>Rosmarinus officinalis</i>	F
ROSEWOOD/BOIS-DE-ROSE	<i>Aniba rosaeodora var.amazonica; and others</i>	F
RUE	<i>Ruta graveolens</i>	Q
SAGE Spanish	<i>Salvia lavandulaefolia</i>	Q
SAGE, Dalmation	<i>Salvia officinalis</i>	Q
SAMPHIRE	<i>Coriandrum maritimum</i>	F
SANDALWOOD Agmarker, Mysore	<i>Santalum album</i>	F
SANDALWOOD WI	<i>Amyris balsamifera</i>	F
SASSAFRAS, Brazilian	<i>Cinnamomum albidum, officinale, cymbarum</i>	Q
SAVIN	<i>Juniperus sabina</i>	Q
SAVORY, Summer	<i>Satureia hortensis</i>	Q
SAVORY, Winter	<i>Satureia montana</i>	Q
SNAKEROOT	<i>Asarum canadense</i>	Q
SOUTHERNWOOD	<i>Artemisia abrotanum</i>	Q
SPEARMINT	<i>Mentha spicata</i>	F
SPIKENARD	<i>Nardostachys grandiflora</i>	Q
SPRUCE, WHITE BARK	<i>Picea mariana</i>	F
TAGETTES, Marigold	<i>Tagetes grandulifera</i>	Q
TANGERINE	<i>Citrus reticulata</i>	F
TANSY	<i>Tanacetum vulgare</i>	Q
TARRAGON	<i>Artemisia dracunculus</i>	Q
TEA TREE	<i>Malaleuca alternifolia, linanifolia</i>	F
TEA TREE LEMON	<i>Leptospermum liversidgeii, petersonii</i>	F
TEREBINTH	<i>Pinus palustris [and other species]</i>	Q
THUJA, see CEDAR LEAF	<i>Thuja, plicata</i>	Q
THYME LEMON	<i>Thymus pulegioides</i>	Q
THYME RED	<i>Thymus zygis</i>	Q
THYME WHITE	<i>Thymus vulgaris</i>	Q
THYME, Wild or Creeping	<i>Thymus serpyllum herb</i>	Q
TOLU BALSAM	<i>Myroxylon balsamum</i>	Q
TONKA BEAN [Absolute]	<i>Dipteryx odorata</i>	F
TUBEROSE [Absolute]	<i>Polianthes tuberosa</i>	F
TULSI [Sacred Basil]	<i>Ocimum sanctum</i>	Q
TUMERIC	<i>Curcuma longa</i>	Q
TURPENTINE [Terebinth]	<i>Aapinus pinaster</i>	Q
VALERIAN ROOT	<i>Valeriana officinalis</i>	Q
VANILLA [Absolute]	<i>Vanilla planifolia</i>	Q
VERBENA TRUE	<i>Lippia citriodora</i>	Q
VETIVER	<i>Vetiveria zizanioides</i>	F
VETIVER	<i>Andropogon muricatus</i>	F
VIOLET LEAF [Absolute]	<i>Viola odorata</i>	F
WHITE BARK SPRUCE	<i>Abies nephrolepis</i>	Q
WINTERGREEN	<i>Gaultheria procumbens</i>	Q
WORMSEED	<i>Chenopodium ambrosioides</i>	Q
WORMWOOD, Sweet	<i>Artemisia annua, absinthium</i>	Q
YARROW	<i>Achillea millefolium</i>	Q
YARROW Blue	<i>Achillea millefolium var. liguista</i>	Q
YARROW Liguria [White]	<i>Achillea ligustica</i>	Q
YARROW Musk	<i>Achillea moschata</i>	Q
YLANG YLANG	<i>Cananga var.odorata; C.macrophylla</i>	F

"F"-LIST

COMMON NAME	BOTANICAL NOMENCLATURE	CODE
ALOEWOOD/AGAR	<i>Aquilaria malaccensis</i>	F
AMBRETTE SEED [Absolute]	<i>Hibiscus abelmoschus, Abelmoschus moschatus</i>	F
BALSAM, copaiba/capaiva/Jesuit's	<i>Copaifera officinalis</i>	F
BENZOIN	<i>Styrax benzoin</i>	F
BERGAMOT	<i>Citrus bergamia</i>	F
BERGAMOT FCF	<i>Citrus aurantium</i>	F
BERGAMOT Petitgrain	<i>Citrus bergamia</i>	F
BERGAMOT, Mint	<i>Mentha citrata</i>	F
BLACK PEPPER	<i>Piper nigrum</i>	F
BROOM, Spanish [[Absolute]]	<i>Spartium junceum</i>	F
CAJEPUT	<i>Melaleuca leucadendron; M.cajuputii</i>	F
CALENDULA	<i>Calendula officinalis</i>	F
CALIFORNIA PEPPER/Peruvian mastic	<i>Schinus molle</i>	F
CALOPHYLLUM	<i>Calophyllum inophyllum</i>	F
CAMOMILE German	<i>Matricaria chamomilia</i>	F
CAMOMILE Roman	<i>Anthemis nobilis</i>	F
CARDAMOM	<i>Elettaria cardamomun var.mysorensis; and others</i>	F
CARROT SEED	<i>Daucus carota</i>	F
CARROT SEED, cultivated	<i>Daucus carota var.sativa</i>	F
CARROT SEED, wild, whole carrot; Queen Anne's lace – [about 12 subspecies]	<i>Daucus carota ssp.maximus</i>	F
CASCARILLA BARK, Bahama	<i>Croton eluteria</i>	F
CEDARWOOD Atlas	<i>Cedrus atlantica</i>	F
CEDARWOOD Himalayan	<i>Cedrus deodora.</i>	F
CEDARWOOD Virginian, Red	<i>Juniperus virginiana</i>	F
CEDARWOOD, East African	<i>Juniperus procera</i>	F
CEDARWOOD, White	<i>Cedrus atlantica</i>	F
CHAMOMILE German [blue]	<i>Matricaria recutita/chamomila</i>	F
CHAMOMILE Moroccan/wild/white	<i>Chamaemelum mixtum; Ormensis mixta</i>	F
CHAMOMILE ROMAN/Sweet/Tea	<i>Anthemis nobilis; Chamaemelum nobile</i>	F
CHAMPACA flower [[Absolute]]	<i>Michelia champaca</i>	F
CHAMPACA wood	<i>Bulesia sarmienti</i>	F
CHASTETREE	<i>Vitex agnus castus</i>	F
CITRONELLA	<i>Cymbopogon nardus</i>	F
CLARY SAGE	<i>Salvia sclarea</i>	F
CORIANDER SEED/Chinese parsley	<i>Coriandrum sativum</i>	F
CUBEB SEED	<i>Piper cubeba</i>	F
CURRY LEAF	<i>Murraya koenigii</i>	F
ELEMI	<i>Canarium luzonicum</i>	F
EUCALYPTUS Blue Gum	<i>Eucalyptus globulus</i>	F
EUCALYPTUS Lemon	<i>Eucalyptus citriodora</i>	F
EUCALYPTUS Peppermint	<i>Eucalyptus dives</i>	F
EUCALYPTUS Polybractea	<i>Eucalyptus polybractea</i>	F
EUCALYPTUS Radiata	<i>Eucalyptus radiata</i>	F
EUCALYPTUS Smithii	<i>Eucalyptus smithii</i>	F
EUCALYPTUS Staigeriana	<i>Eucalyptus staigeriana</i>	F
FIR, Canadian balsam	<i>Abies balsamea</i>	F
FIR, SILVER	<i>Abies alba</i>	F
FLEABANE	<i>Erigeron canadensis</i>	F
FLOUVE/Sweet vernalgrass	<i>Anthoxanthum odoratum</i>	F
FRANGIPANI [Absolute]	<i>Plumeria acutifolia</i>	F
FRANGIPANI [Absolute] [liquid]	<i>Plumeria acutifolia</i>	F
FRANKINCENSE	<i>Boswellia thurifera</i>	F
FRANKINCENSE	<i>Boswellia carterii</i>	F
GALBANUM	<i>Ferula galbaniflua; F.gummosa</i>	F
GARLIC	<i>Allium sativum</i>	F
GERANIUM, Bourbon, China, Egypt	<i>Pelargonium graveolens</i>	F
GINGER	<i>Zingiber officinale</i>	F
GOTU KOLA	<i>Centella asiatica</i>	F
GRAPEFRUIT, Marsh, Ruby	<i>Citrus paradisa</i>	F
HELICHRYSUM	<i>Helichrysum italicum</i>	F

HOWOOD	<i>Cinnamomum camphora</i>	F
IMMORTELLE [Absolute]	<i>Helichrysum stocchas</i>	F
JASMINE [ABSOLUTE]	<i>Jasminum grandiflorum</i>	F
JASMINE, Sambac, [Absolute]	<i>Jasminum sambac, officinale</i>	F
JUNIPER, Berry, Needle	<i>Juniperus communis</i>	F
KANUKA	<i>Kunzea ericoides</i>	F
LAVADIN	<i>Lavendula flagrans</i>	F
LAVANDIN, Abrialis	<i>Lavendula hybrida.</i>	F
LAVENDER, East European, Alpine organic, English organic, Tasmanian	<i>Lavandula augustifolia</i>	F
LAVENDER, Fine organic, Provence organic	<i>Lavendula vera</i>	F
LAVENDER, French 40/42	<i>Lavendula officinalis</i>	F
LAVENDER, Spike/ASPIC	<i>Lavendula latifolia; L.spica</i>	F
LEMON	<i>Citrus limon</i>	F
LEMON VERBENA	<i>Lippa citriodora</i>	F
LIME	<i>Citrus aurantifolia, medica</i>	F
LINALOE BERRY	<i>Bursera delpechiana</i>	F
LINDEN BLOSSOM, [Absolute]	<i>Tilia cordata, eurpoea</i>	F
LITSEA CUBEBA	<i>Litsea cubeba</i>	F
MANDARIN, Green, Red	<i>Citrus reticulata, madurensis</i>	F
MANUKA	<i>Leptospermum scoparium</i>	F
MARIGOLD [Absolute]	<i>Calendula officinalis</i>	F
MELISSA	<i>Melissa officinalis</i>	F
MIMOSA, [Absolute]	<i>Acacia decurrens; Acacia dealbata</i>	F
MUSKROOT/SUMBUL	<i>Ferula diversittata; F.suavolens; F.moschata</i>	F
MYRRH	<i>Commiphora myrrha</i>	F
NARCISSUS [Absolute]	<i>Narcissus jonqillila; N.var.poeticus; N.var.radiiflorus</i>	F
NEROLI	<i>Citrus aurantium, vulgaris</i>	F
NIAOULI	<i>Melaleuca viridiflora</i>	F
OAK MOSS [Absolute]	<i>Evernia prunastri</i>	F
ORANGE Bitter	<i>Citrus bigarde</i>	F
ORANGE, Sweet	<i>Citrus vulgaris, aurantium, sinensis</i>	F
PALMAROSA	<i>Cymbopogon martini</i>	F
PATCHOULI	<i>Pogostemon cablin</i>	F
PEPPERMINT Chinese	<i>Mentha arvensis</i>	F
PEPPERMINT Mitcham, USA	<i>Mentha piperita</i>	F
PETITGRAIN	<i>Citrus aurantium</i>	F
PINE, Giant	<i>Abies grandis</i>	F
RAVENSARA AROMATICA	<i>Ravensara aromatica</i>	F
ROSE BULGARIAN	<i>Rosa damascena</i>	F
ROSE Phytol	<i>Composite of several species</i>	F
ROSE, Otto, [Absolute]	<i>Rosa damascena</i>	F
ROSEMARY	<i>Rosmarinus officinalis</i>	F
ROSEWOOD/BOIS-DE-ROSE	<i>Aniba rosaeodora var.amazonica; and others</i>	F
SAMPHIRE	<i>Coriandrum maritimum</i>	F
SANDALWOOD Agmarker, Mysore	<i>Santalum album</i>	F
SANDALWOOD WI	<i>Amyris balsamifera</i>	F
SPEARMINT	<i>Mentha spicata</i>	F
SPRUCE, WHITE BARK	<i>Picea mariana</i>	F
TANGERINE	<i>Citrus reticulata</i>	F
TEA TREE	<i>Malaleuca alternifolia, linanifolia</i>	F
TEA TREE LEMON	<i>Leptospermum liversidgeii, petersonii</i>	F
TONKA BEAN [Absolute]	<i>Dipteryx odorata</i>	F
TUBEROSE [Absolute]	<i>Polianthes tuberosa</i>	F
VETIVER	<i>Vetiveria zizanioides</i>	F
VETIVER	<i>Andropogon muricatus</i>	F
VIOLET LEAF [Absolute]	<i>Viola odorata</i>	F
YLANG YLANG	<i>Cananga var.odorata; C.macrophylla</i>	F

"Q"-LIST

COMMON NAME	BOTANICAL NOMENCLATURE	CODE
ABSINTHE, African	<i>Artemesia afra</i>	Q
ACACIA, Sweet/see CASSIE	<i>Acacia farnesiana</i>	Q
AJMUD [Indian]	<i>Carum roxburghianum</i>	Q
AJOWAN	<i>Trachyspermum ammi</i>	Q
ALECOST/ BALSAMITA	<i>Chrysanthemum balsamita var. balsamita</i>	Q
ALLSPICE [see Pimento]		Q
AMMONIAC/BOMBAY SAMBUL/BOI	<i>Dorema ammoniacum</i>	Q
AMYRIS	<i>Amyris balsamifera</i>	Q
ANGELICA, Root	<i>Angelica glauca</i>	Q
ANGELICA, Seed	<i>Angelica archangelica; A.officinalis</i>	Q
ANGOSTURA	<i>Galipea trifoliata</i>	Q
ANISE, STAR	<i>Pimpinella anisum;</i>	Q
ANISE, STAR [Chinese]	<i>Illicium verum</i>	Q
ANISEED	<i>Anethum graveolens</i>	Q
ANISEED	<i>Pimpinella anisum</i>	Q
ANNIE, Sweet/ANNUAL WORMWOOD	<i>Artemisia annua</i>	Q
ARMOISE [thujone & davanone types]	<i>Artemesia herba alba</i>	Q
ARMOISE/ASINTHIUM [see Wormwood]	<i>Artemesia absinthium</i>	Q
ARNICA	<i>Arnica montana</i>	Q
ARTEMISIA	<i>Artemesia arborescens</i>	Q
ASAFETIDA/DEVIL'S DUNG	<i>Ferula asa-foetida</i>	Q
BALSAM, Peru	<i>Myroxylon balsamum var.pereira</i>	Q
BALSAM, Tolu	<i>Myroxylon balsamum var.balsamum</i>	Q
BALSAM/Gurjum/Gurgun	<i>Diptercarpus jourdainii</i>	Q
BASIL Sacred [TULSI]	<i>Ocimum sanctum</i>	Q
BASIL, Bush	<i>Ocimum basilicum var.minimum</i>	Q
BASIL, Camphor/hairy/hoary/dog	<i>Ocimum canum</i>	Q
BASIL, East African, Indian	<i>Ocimum kilimanjaricum</i>	Q
BASIL, Eugenol type; Thymol type	<i>Ocimum gratissimum</i>	Q
BASIL, Linalol	<i>Ocimum basilicum</i>	Q
BASIL, Methyl chavicol type	<i>Ocimum basilicum var.basilicum</i>	Q
BASIL, Sweet/French/European	<i>Ocimum basilicum</i>	Q
BASIL, True/green	<i>Ocimum basilicum var.grand vert</i>	Q
BASIL, Wild	<i>Calamintha nepeta</i>	Q
BAY, sweet/laurel/true	<i>Lauris nobilis</i>	Q
BAY, West Indian; Bay rum	<i>Pimenta racemosa</i>	Q
BERGAMOT, Wild/BEE BALM	<i>Monarda fistulosa</i>	Q
BIRCH Sweet	<i>Bentula lenta</i>	Q
BIRCH, Cherry,	<i>Pendula,alleghaniensis</i>	Q
BIRCH, White, Silver, Yellow	<i>Betula pendula, Balba B pubenses</i>	Q
BOLDO LEAF	<i>Peumus boldus</i>	Q
BORNEOL, Borneol camphor	<i>Dryobalanops aromatica</i>	Q
BORONIA	<i>Boronia megastigma</i>	Q
BUCHU	<i>Agathosma betulina</i>	Q
BUCHU, Oval	<i>Agathosma crenulata</i>	Q
BUPLEVRE	<i>Bupleurum fructisoso</i>	Q
BUTTERBUR	<i>Petasites officinalis</i>	Q
CABREUVA	<i>Myrocarpus frondosus</i>	Q
CADE	<i>Juniperus oxycedrus</i>	Q
CALAMINT	<i>Calamintha sylvatica</i>	Q
CALAMINT	<i>Calamintha officinalis</i>	Q
CALAMINT	<i>Calamintha nepeta ssp.nepeta</i>	Q
CALAMUS	<i>Acorus calamus var.angustatus asarone</i>	Q
CALAMUS	<i>Acorus calamus var.calamus shyabunone</i>	Q
CAMPHOR WOOD blue, brown	<i>Cinnamomum camphora</i>	Q
CAMPHOR, Japanese	<i>Cinnamomum camphora</i>	Q
CAMPHOR, White,/True/ Ho-sho	<i>Cinnamomum camphora</i>	Q
CAPE CAMOMILE [indigenous]	<i>Asteraceae eriocphalus punctulatus</i>	Q
CAPE SNOWBUSH [indigenous]	<i>Asteraceae eriocphalus africanus</i>	Q
CARAWAY	<i>Carum carvi; Apium carvi</i>	Q
CARNATION [Absolute]	<i>Dianthus caryophyllus</i>	Q

CASSIA BARK	<i>Cinnamomum cassia</i>	Q
CASSIE [[Absolute]]	<i>Acacia farnesiana</i>	Q
CAT THYME, Dolichodial type	<i>Teucrium marum</i>	Q
CATNIP	<i>Nepeta cataria</i> var. <i>citriodora</i>	Q
CEDAR LEAF, Thuja	<i>Thuja occidentalis</i>	Q
CEDARWOOD, Texas, Mexican	<i>Juniperus ashei</i>	Q
CEDRAT	<i>Citrus medica</i> var. <i>vulgaris</i>	Q
CELERY	<i>Apium graveolens</i> ; <i>A. var dulce</i> ; <i>A. var rapaceum</i>	Q
CELERY SEED	<i>A. graveolens</i>	Q
CHERVIL	<i>Anthriscus cerefolium</i> ; <i>A. longirostris</i>	Q
CINNAMON, Leaf, Bark	<i>Cinnamomum zeylanicum</i>	Q
CISTUS	<i>Cistus ladaniferus</i>	Q
CLOVE, Bud, Organic, Leaf, Stem	<i>Eugenia caryophyllata</i>	Q
COSTUS ROOT	<i>Saussurea lappa</i>	Q
CUMIN SEED Black	<i>Nigella sativa</i>	Q
CUMIN SEED/CUMMIN/Roman caraway	<i>Cuminum cyminum</i> ; <i>C. odorum</i>	Q
CYPRESS Blue	<i>Cupressus sempervirens</i>	Q
DAVANA	<i>Artemisia pallens</i>	Q
DILL SEED	<i>Anethum graveolens</i>	Q
ELECAMPANE	<i>Inula helenium</i>	Q
FENNEL, Bitter	<i>Foeniculum vulgare</i> var. <i>amara</i>	Q
FENNEL, Florence	<i>Foeniculum</i> var. <i>azoricum</i>	Q
FENNEL, Sweet	<i>Foeniculum vulgare</i> var. <i>dulce</i>	Q
FENNEL/FENKEL	<i>Foeniculum vulgare</i> ; <i>F. officinale</i> ; <i>F. capillaceum</i> ; <i>Anethum foeniculum</i>	Q
FIG Leaf	<i>Ficus carica</i>	Q
GALANGAL ROOT	<i>Alpinia galanga</i>	Q
GERANIUM, Bulgarian	<i>Geranium macrorrhizum</i>	Q
HOPS	<i>Humulus lupulus</i>	Q
HORSERADISH	<i>Cochlearia armoracia</i>	Q
HYACINTH [Absolute]	<i>Hyacinthus orientalis</i>	Q
HYSSOP	<i>Hyssopus officinalis</i>	Q
INULA	<i>Inula graveolens</i>	Q
JABORANDI LEAF	<i>Pilocarppus jaborandi</i>	Q
KHELLA SEED/VISNAGA	<i>Ammi visnaga</i>	Q
LANTANA	<i>Lantana camara</i>	Q
LAUREL LEAF	<i>Laurus nobilis</i>	Q
LAVENDER Spanish	<i>Lavendula stoechas</i>	Q
LAVENDER, Cotton, Sandolina	<i>Santolina chamaecyparissus</i>	Q
LEMON GRASS, East Indian	<i>Cymbopogon citratus</i> , <i>flexuosus</i>	Q
LOVAGE ROOT	<i>Levisticum officinalis</i>	Q
MARJORAM Spain, Wild	<i>Thymus mastichind</i>	Q
MARJORAM, Sweet	<i>Origanum marjorana</i>	Q
MASTIC	<i>Pistacia lenticus</i>	Q
MINT	<i>Mentha longifolia</i>	Q
MINT, Apple	<i>Mentha suaveolens</i>	Q
MUGWORT Common	<i>Artemisia vulgaris</i>	Q
MUGWORT, Greater	<i>Artemisia arborescens</i>	Q
MUGWORT, White	<i>Artemisia herba alba</i>	Q
MUSTARD, Black	<i>Brassica nigra</i>	Q
MYRISTICA [see Nutmeg]		Q
MYRTLE, Bog	<i>Myrtus communis</i>	Q
NAGARMOTHA	<i>Cyperus rotundus</i>	Q
NUTMEG	<i>Myristica fragrans</i>	Q
ONION	<i>Allium cepa</i>	Q
OPOPANAX	<i>Commiphora erythraea.</i>	Q
ORIGANUM	<i>Origanum vulgare</i>	Q
ORIGANUM, Spanish	<i>Thymus capitatus</i>	Q
OSMANTHUS [Absolute]	<i>Osmanthus fragrans</i>	Q
PARSLEY Seed	<i>Petroselinum sativum</i>	Q
PENNYROYAL	<i>Mentha pulegium</i> , <i>pulegioides</i>	Q
PERU, Balsam	<i>Myroxylon balsamum</i>	Q
PIMENTO	<i>Pimenta officinalis</i> ; <i>P. dioica</i>	Q
PINE, Douglas	<i>Pseudotsuga douglassi</i>	Q

PINE, Dwarf	<i>Pinus pumilio, sylvestris</i>	Q
RUE	<i>Ruta graveolens</i>	Q
SAGE Spanish	<i>Salvia lavandulaefolia</i>	Q
SAGE, Dalmation	<i>Salvia officinalis</i>	Q
SASSAFRAS, Brazilian	<i>Cinnamomum albidum, officinale, cymbarum</i>	Q
SAVIN	<i>Juniperus sabina</i>	Q
SAVORY, Summer	<i>Satureia hortensis</i>	Q
SAVORY, Winter	<i>Satureia montana</i>	Q
SNAKEROOT	<i>Asarum canadense</i>	Q
SOUTHERNWOOD	<i>Artemisia abrotanum</i>	Q
SPIKENARD	<i>Nardostachys grandiflora</i>	Q
TAGETTES, Marigold	<i>Tagetes grandiflora</i>	Q
TANSY	<i>Tanacetum vulgare</i>	Q
TARRAGON	<i>Artemisia dracunculus</i>	Q
TEREBINTH	<i>Pinus palustris [and other species]</i>	Q
THUJA, see CEDAR LEAF	<i>Thuja, plicata</i>	Q
THYME LEMON	<i>Thymus pulegioides</i>	Q
THYME RED	<i>Thymus zygis</i>	Q
THYME WHITE	<i>Thymus vulgaris</i>	Q
THYME, Wild or Creeping	<i>Thymus serpyllum herb</i>	Q
TOLU BALSAM	<i>Myroxylon balsamum</i>	Q
TULSI [Sacred Basil]	<i>Ocimum sanctum</i>	Q
TUMERIC	<i>Curcuma longa</i>	Q
TURPENTINE [Terebinth]	<i>Aapinus pinaster</i>	Q
VALERIAN ROOT	<i>Valeriana officinalis</i>	Q
VANILLA [Absolute]	<i>Vanilla planifolia</i>	Q
VERBENA TRUE	<i>Lippia citriodora</i>	Q
WHITE BARK SPRUCE	<i>Abies nephrolepis</i>	Q
WINTERGREEN	<i>Gaultheria procumbens</i>	Q
WORMSEED	<i>Chenopodium ambrosioides</i>	Q
WORMWOOD, Sweet	<i>Artemisia annua, absinthium</i>	Q
YARROW	<i>Achillea millefolium</i>	Q
YARROW Blue	<i>Achillea millefolium var. liguista</i>	Q
YARROW Liguria [White]	<i>Achillea ligustica</i>	Q
YARROW Musk	<i>Achillea moschata</i>	Q