



ALLIED HEALTH PROFESSIONS COUNCIL OF SOUTH AFRICA

Professional Board for Chiropractic and Osteopathy

Guidelines for Chiropractic Internship Programme

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1. DEFINITIONS AND ABBREVIATIONS

1.1 Definitions

Student

Any person registered either at the Durban University of Technology or the University of Johannesburg for the purpose of completing the Magister Technologiae (Chiropractic) qualification at one of these institutions.

Student intern

An individual who has completed all academic requirements (viz. 5th year or masters level examinations), excluding the dissertation in partial fulfilment of the qualification and who has yet to be awarded the M Tech (Chiropractic) degree by Durban University of Technology or University of Johannesburg, but who is still required to fulfil the requirements of the Internship Programme.

Intern

An individual who has completed ALL requirements (viz. 5th year or masters level examinations), including the dissertation in partial fulfilment of the qualification and who has been awarded the M Tech (Chiropractic) degree by Durban University of Technology or University of Johannesburg, but who is still required to fulfil the requirements of the Internship Programme.

Student-intern and intern: Supervision

A student-intern and intern require direct supervision at all times during student-patient interaction, such direct supervision to be carried out by a qualified and registered Chiropractic practitioner, who is present at all times during any student-intern or intern and patient interaction.

Interns: Malpractice Insurance

An Intern is required to carry own malpractice insurance, such as that which is available through the Chiropractic Association of South Africa (CASA), or any other malpractice insurance provider.

1.2 Abbreviations

CASA – Chiropractic Association of South Africa

AHPCSA – Allied Health Professions Council of South Africa

DUT – Durban University of Technology

UJ – University of Johannesburg

2. INTERNSHIP COMMITTEE AND FACILITATION OF INTERNSHIP PROGRAMME

2.1 Internship Committee

The control of the internship programme resorts under the Allied Health Professions Council of South Africa (AHPCSA) Professional Board for Chiropractic and Osteopathy (PBCO) by way of an Internship committee, which consists of at least eight members, who hold the following positions:

- The PBCO Chairperson
- One Chiropractic PBCO, appointed as the National Internship Co-ordinator
- One registered Chiropractor from both the KwaZulu-Natal and Gauteng regions, who act as regional Co-ordinators, appointed by the PBCO to serve on the internship committee annually.
- Additional regional committee members as appointed by the PBCO
- The AHPCSA Registrar
- A senior student representative from DUT and UJ, elected by the student body of DUT and UJ, and their details forwarded to the PBCO by February of each year by the respective Head of Department.

2.2 Facilitation of Internship Programme

2.2.1 AHPCSA

The AHPCSA monitors the internship programme via the National internship co-ordinator who liaises with the regional co-ordinators.

2.2.2 DUT, UJ and CASA

The programme itself is facilitated by the DUT and UJ. The PBCO recognises the significant involvement of these institutions and the persons involved with establishing the current programme.

3. INTERNSHIP PROGRAMME

3.1 Aim of the Internship Programme

To expose the Chiropractic intern to the understanding of Chiropractic as a profession that functions not only as a primary health care entity, but also within a greater health care paradigm to ensure that the best interests of the patient are met and maintained and that the health of the public enjoys due and proper protection as mandated by the legal requirements of the Allied Health Professions Act, Act 63 of 1982.

The Outcomes of the Internship Programme are to transition the student through an internship phase to becoming a competent practitioner with the aim of refining the skills of the student-intern / intern in terms of the following outcomes:

- ❖ Practice direct contact (primary) health care as an entry portal provider for all patients (of all ages and gender).
- ❖ Promote the concept of wellness (in congruence with the primary health care principles) by assessing health risks in the community and attempting to reduce such by providing appropriate general and public health information and lifestyle counselling (as appropriate to the patient and the community).
- ❖ Refine the assessment of a patient's general health status, complaints and problems, by means of a detailed and pertinent case history, physical examination, regional examination and special test (diagnostic imaging, laboratory procedures, or further specialized testing) culminating in a diagnosis with treatment and / or referral as the case warrants.
- ❖ Further develop a goal-orientated patient management plan that addresses the treatment, rehabilitation and education of the patient.
- ❖ Continue to develop and maintain the appropriate health practitioner-patient relationship in terms of the code of conduct and ethical constraints as imposed by legislation governing the profession in South Africa.
- ❖ Deepen the ability to become self-directed learners so as to maintain an up-to-date working knowledge in terms of current findings in the field of Chiropractic and utilising the available continuing education opportunities as they present.

3.2 Registration for Internship Programme

Any chiropractic student may enter the Internship Programme, firstly as:

- ❖ **a student-intern** when he or she has completed all academic requirements for the M Tech (Chiropractic) qualification, but has yet to complete the research dissertation; and subsequently
- ❖ **as an intern** when he or she has met all academic requirements, including the research dissertation and qualifies for graduation, and is no longer a registered university student.

Transition from student-intern to intern status is required by way of application to the AHPCSA for the registration status in the student-internship register to be changed to that of registration in the internship register. The necessary form is available on the AHPCSA website – www.ahpcsa.co.za for either category of registration. The fully completed form needs to be returned to the AHPCSA, along with proof of payment, to allow for registration. Student-intern registration numbers, or intern registration numbers, together with the relevant certificates, as the case may be, will be issued by AHPCSA.

When the student intern graduates from his or her respective institution he or she is required to obtain malpractice insurance, such as is available through the CASA or any other malpractice insurance provider.

3.3 Code of Conduct

Student-interns and Interns will at all times be adherent to the following:

- ❖ The Rules of the Durban University of Technology / University of Johannesburg – General Handbook (as applicable).
- ❖ The Rules of the Durban University of Technology / University of Johannesburg – Chiropractic Department Handbook (as applicable).
- ❖ The Rules of the Durban University of Technology / University of Johannesburg – Clinic Manual Handbook (as applicable).
- ❖ Applicable provisions of the Allied Health Professions Act (“the Act”), Act 63 of 1982, and Regulations thereto, including, but not limited to, Chapters 3 and 4 of the Act, and Chapter 8 of Regulations No R 2610 of 3 December 1982 available for viewing at www.ahpcsa.co.za > Legislation.
- ❖ The *CODE OF ETHICS IN TERMS OF SECTION 54(9) OF REGULATIONS NO R 127 OF 12 FEBRUARY 2001 TO THE ALLIED HEALTH PROFESSIONS ACT, ACT 63 OF 1982, AS AMENDED, INCLUDING GUIDELINES FOR GOOD PRACTICE AND GUIDELINES FOR MAKING PROFESSIONAL SERVICES KNOWN*, available for viewing at www.ahpcsa.co.za > Legislation.
- ❖ Board Notice 168 of 2018, promulgated in the Government Gazette 42010 on 2 November 2018: *STUDENTS, INTERNS OR STUDENT-INTERNS PRACTISING IN THE REPUBLIC OF SOUTH AFRICA OR ELSEWHERE: CHIROPRACTIC AND OSTEOPATHY*, available for viewing at www.ahpcsa.co.za > Legislation.

Any student-intern or intern in breach of any of these legislative precepts may result in disciplinary action by either the Durban University of Technology/University of Johannesburg or the AHPCSA, or both.

3.4 Examination / Assessment of Internship Portfolio

The final assessment will be by means of the submission of a portfolio in hard copy and email copy to the Regional Internship Committee. **The category of AHPCSA registration at this stage will be that of intern.**

This portfolio shall be based on involvement of the student-intern or intern in the Internship Programme throughout the period of internship, as set out below.

The assessment of the portfolio will be carried out by the relevant Internship Committee and will take a maximum of 2 weeks from date of submission.

The assessment criteria:

- ❖ The work experience hours accepted need to be within two (2) years preceding portfolio submission.
- ❖ All portfolios must break down attendance into HOURS.
- ❖ Conferences and lectures attended: state subjects covered, contact details of organizers, lectures.
- ❖ Numbers of patients seen must be broken down into separate categories: M. Tech: Chiropractic research patient requirements met (if applicable) and internship programme numbers.
- ❖ The balance of the various aspects of the portfolio – there needs to be an entry in each block of the evaluation format.
- ❖ The reflections of the intern on the work accomplished and how that accomplishment has brought them further in their development as practitioners – letter of the pros and cons of the process.
- ❖ The authenticity of the portfolio, in terms of the work being that of the intern, may be verified by committee members making spot checks by calling any references mentioned in the portfolio.

In addition to the portfolio assessment the intern, will be required to undergo an interview with the Regional Internship Committee member(s) which will be organised by the intern at the availability of the committee member(s).

3.5 Reciprocity

Interns are able to complete the internship in either or both regions; however, they can only apply for the submission of the portfolio in ONE region.

3.6 Work Completed

There may be times when you wish to consider attending and/or completing a particular course, or a post-graduate chiropractic course (International Chiropractic Sports Science

Diploma and the Paediatrics Masters Programme or any other programme). If you are unsure as to whether this counts towards the portfolio or not, you will need to submit the relevant details (electronically) to the relevant regional committee in order for them to review your submission and make comment.

3.7 Rules Binding

1. The following certified documentation is required to be submitted, after the completion of the internship interviews, to either the KwaZulu-Natal or Gauteng Regional Internship Committee:
 - Portfolio
 - Supporting documents
 - Copy of both student-intern and intern registration certificates

The current Regional Internship Committee representatives are:

KwaZulu-Natal: Dr A Pastellides (031 201 1442)

Gauteng: Dr M. Busschau (011 918 9057)

2. The minimum number of hours required per category is:
 - Academic – 75 hours (All courses can be done face to face, or by way of online or webinars, provided the online courses provide certificates to show participation has been completed to the relevant levels).
 - Work experience – 600 hours

4. OUTLINE OF THE INTERNSHIP PROGRAMME

The Internship Programme is divided into two main categories:

Component	Outcome
A. Academic programme	1. Engagement in continuous professional self-development activities to promote a well-rounded intern fit for professional practice. 2. Harness skills of professional interaction and communication, both written and verbal, with professionals from within and external to the Chiropractic profession. 3. Participation in professional meetings, conferences or talks to develop knowledge base and professional character. 4. Enhance skills of practice management, jurisprudence and service to the community.

B. Work experience programme	<ol style="list-style-type: none">1. Consolidation of clinical acumen through observation and treatment - while under supervision - of patients within rural/urban hospitals/clinics, Chiropractic Clinics at DUT and UJ, sporting events and other related activities.2. Promotion of the Chiropractic profession to the general public and medical community.3. The observation of orthodox and complementary alternative medical professionals to gain greater exposure to these professions to facilitate inter-professional working relationships and augment undergraduate knowledge.
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The mechanisms through which a student intern/intern may meet these outcomes is outlined in the table below. Please follow the template when submitting your portfolio.

A. Academic Component

Internship Components	Examples	Description of work completed	Signature of relevant authority
1. Fundamental			
a. Literacy	<p>Purpose: Develop written skills for professional communication</p> <p>Minimum requirements: 6 hours (each case summary or referral letter counts ½ hour)</p> <p>Example of activities relevant to this section: Referral letters, case summaries (above/beyond those required by the institution).</p>	Outline type and number of referrals	Clinic Manager
b. Numeracy	<p>Purpose: Develop skills for practice management and accounting</p> <p>Minimum requirements: 3 hours</p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • Lecture / course on practice management or marketing • Discussion with Chiropractic practice manager(s) and/or receptionist(s) • Practice management software training (e.g. Pastel) • Lecture / seminar on practice coding / billing (e.g. ICD-10 coding) • Taxation • Workman's Compensation / IOD • Financial seminars (e.g. those run by the banking houses) • Interaction with a financial advisor or broker • Discussion with an accountant (specific to running a business /practice) • Lecture/course on accountancy (specific to running a business /practice) • Computer Course / Pastel / Excel / Word • Other activities which may include: CASA conference (1 per year) / regional 	<p>Course / lecture title, date, time and duration.</p> <p>Employer as well as dates, time, duration and type of work.</p>	Practitioner / Employer Lecturer, with qualifications or course co-ordinator

	events (4 times per year), WCCS seminars, BNI network seminars, online courses		
c. Life skills	<p>Purpose: Developing life skills to aid personal and professional growth</p> <p>Minimum requirements: <u>3 hours</u></p> <p>Example of activities relevant to this section: Life skills:</p> <ul style="list-style-type: none"> • Mentorship programme (CASA/Institutional/other) • Counselling courses (either through churches or through Lifeline (as examples)) • Relevant committee participation <p>Personal growth:</p> <ul style="list-style-type: none"> • Member of an organisation (e.g. WCCS, Sports Council, Grad Committee) • Being a student representative (e.g. Class Rep, PBCO Sub-Committee; Faculty Board; Student Services Board) • Member of NGO • Co-ordinating a meeting • Attending professional AGMs • Co-ordinating an event / talk / seminar • Learning a language • Life coaching • Participation in mentorship programmes (as the mentee) • Participation in mentorship for junior students (as mentor) • Development of interpersonal skills 	Course / lecture title, date, time and duration.	Lecturer, with qualifications or course co-ordinator

2. Core

N.B. Lectures, that were part of Chiropractic qualification do not count towards this section)

<p>a. Basic Sciences</p>	<p>Purpose: To enhance undergraduate training in the basic sciences.</p> <p>Minimum requirements: <u>3 hours</u> - a minimum of 2 different topics must be attended.</p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • Lectures on anatomy, physiology, pathology, epidemiology etc. 	<p>Course / lecture title, date, time and duration.</p>	<p>Lecturer, with qualifications or course co-ordinator</p>
<p>b. Chiropractic Specific Techniques</p>	<p>Purpose: To facilitate knowledge of Chiropractic techniques</p> <p>Minimum requirements: <u>10 hours</u></p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • CASA conference (1 per year) / regional events (4 times per year): Diversified, Gonstead, Activator, Thompsons, NIP, ABC • WCCS seminars: Diversified, Gonstead, Activator, Thompsons, NIP, ABC • Technique workshops : Diversified, Gonstead, Activator, Thompsons, NIP, ABC • ChiroSport 	<p>Course / lecture title, date, time and duration.</p>	<p>Lecturer, with qualifications or course co-ordinator</p>

2. Special or Electives

N.B. In certain instances the Intern may select an elective that is for information purposes only if it falls outside of the legal scope of practice for Chiropractic. For example if you attend a wet or dry cupping course as part of the Internship with does not, for example, resort under the legal scope of practice for Chiropractic, **you may not practice this technique under your Chiropractic registration.**

a. Patient care	<p>Purpose: Enhanced knowledge and/or skills to manage patients holistically</p> <p>Minimum requirements: <u>1 hour</u></p> <p>Example of activities relevant to this section: Lectures on topics such as (for example)</p> <ul style="list-style-type: none"> • Health models (Biomedical vs Biopsychosocial) • Patient centred approach • Red flags / yellow flags • Pain (psychology of pain, understanding pain etc.) • Holism <p>These could be through (for example):</p> <ul style="list-style-type: none"> • CASA conference (1 per year) / regional events (4 times per year) • WCCS seminars • ChiroSport • SASCA seminars / conferences • WADA • SA Pain Society / PainSA • South African Spine Society conference • Life hospital seminar • CASA Webinars 	Course / lecture title, date, time and duration.	Lecturer, with qualifications or course co-ordinator
b. Chiropractic specialties (other than manual manipulation / adjustment techniques)	<p>Purpose: Further education in specialties related to Chiropractic</p> <p>Minimum requirements: <u>5 hours</u></p>	Course / lecture title, date, time and duration.	Lecturer, with qualifications or course co-ordinator

	<p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • Taping (e.g. Rigid taping, Kinesiotaping, Spider taping, Rock taping, Dynamic taping) • Acupressure therapy • Electro-modalities • Muscle energy technique • Rehabilitation techniques (e.g. Theraband, Gyro ball, Bosu-ball) • Myofascial techniques (dry needling; grip and rip; AR, PR) • ICSSD / ICSSP • Nutrition, health promotion and disease prevention • Ergonomics and work place assessment 		
<p>c. Care for disadvantaged persons</p>	<p>Purpose: Professional development through community service</p> <p>Minimum requirements: <u>3 hours</u></p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • Disability awareness (congenital & acquired) • Immunocompromised patient care (HIV, Cancer etc.) • Stroke patient care • Paediatric care • Geriatric care • Attending: WADA, SA Pain Society / PainSA, South African Spine Society 	<p>Name of hospital / institution, date and period of stay</p>	<p>Letter from the head of the relevant institution</p>

	conference, Life hospital seminar		
d. Diagnostic ambit	<p>Purpose:</p> <p>Minimum requirements: 2 hours</p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • <u>Blood work</u> : Lectures / discussion of blood work with appropriate medical professional (e.g. nurse, GP, clinician) particularly pertaining to procedure and blood test specific to different disorders or diseases • <u>Imaging Studies</u> : Lectures / discussion (with appropriate medical professional) of, for example: X-rays, Ultrasounds / sonography, MRI, CT • <u>Diagnostic and Orthopaedic techniques</u>, not confined specifically to chiropractic assessment of patients (e.g. musculoskeletal evaluation of the patient, but also cardio-respiratory assessment). • Can be attained through attendance at: CASA conference / regional events, WCCS seminars, ChiroSport, SASCA 	Course / lecture title, date, time and duration.	Lecturer, with qualifications or course co-ordinator

	seminars / conferences, WADA, SA Pain Society / PainSA, South African Spine Society conference, Life hospital seminars, CASA webinars		
e. Alternative Health Care / Non- chiropractic health care	<p>Purpose:</p> <p>Minimum requirements: <u>1 hour</u></p> <p>Example of activities relevant to this section:</p> <p>Lectures about the professions of:</p> <ul style="list-style-type: none"> • Aromatherapy • Ayurveda • Biokinetics • Chinese medicine • Dietetics • Homeopathy • Massage Therapy • Naturopathy • Occupational Therapy • Personal Training • Physiotherapy • Phytotherapy • Pilates • Podiatry • Reflexology • Sports Science • Traditional (African) Medicinal approaches • Unani Tibb • Yoga <p>These can be at events like:</p> <ul style="list-style-type: none"> • CASA conference • HSA conference • Profession specific conference 	Course / lecture title, date, time and duration.	Lecturer, with qualifications or course co-ordinator
f. Research (excluding Master's)	Purpose: Enhancing research skills to aid evidence based/informed practice	Title of research, supervisor and	Supervisor with qualifications

	<p>Minimum requirements: <u>1 hour</u></p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • Postgraduate seminars: Research seminars that discuss the research process or aspects of the research process (e.g. how to: write a literature review; methodology; publish an article). • Attending sessions at the writing centre to develop academic writing techniques. Online courses (e.g. research methods). • Ethics seminars • Research participation in one or more of the following ways (these require a letter from the supervisor of the student whose research you participated in) <ul style="list-style-type: none"> ➤ Assistant: Assisting a colleague in research (you cannot claim for being a research patient or your own master's research) ➤ Focus group participant: Participating in a focus group for a research study ➤ Research group: Facilitated research clubs / groups where current / topical research is discussed 	<p>date of commencement</p>	
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	<ul style="list-style-type: none"> ➤ Research Presentation: Formal presentation of Master's Dissertation at seminar 		
g. Involved in education	<p>Purpose: Developing professionalism through engagement with faculty staff and students at DUT/UJ</p> <p>Minimum requirements: 5 hours</p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • OSCE participation (as a patient and signed off by the organiser of the OSCE) • Volunteering as one or more of the following <ul style="list-style-type: none"> ➤ Assistant Clinician ➤ Clinic / Chiropractic Receptionist ➤ Anatomy Table Assistant ➤ Demonstrator (e.g. histology) ➤ Tutoring (e.g. younger health sciences students, school students) 	Subject, course, institution, timetable outline per week	Lecturer, with qualifications or course co-ordinator

B. Work Experience

a. Community service (Ideally the focus of this section of the portfolio would relate to the chiropractic assessment and treatment of patients)	<p>Purpose: To develop professionalism through community service</p> <p>Minimum requirements: 25 hours</p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • Community Service Sites - Chiropractic treatment / Health Screening (BP / Blood Glucose readings / 	Name of hospital / centre, date and period of stay	Confirmation of flight sheets, patient sheets, evaluation sheets, letter from the supervising doctor
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	<p>Spinal screening) of underprivileged patients (including paediatrics, geriatrics) under supervision</p> <ul style="list-style-type: none"> • Clinic Open Days - Chiropractic treatment / Health Screening given to underprivileged patients in the form of clinic open days • Community Outreach Sports Events - Events organised in underprivileged areas where Chiropractic treatment / Health Screening is given under supervision • Hospital / Clinic Community service in a hospital, helping where ever is needed <p>Additionally, a maximum of 20 hours can be obtained from one or more of the following community initiatives (examples and not requirements):</p> <ul style="list-style-type: none"> • Blood Bank Promotion Day Helper; SPCA / Kitty or Puppy haven; Soup Kitchens; Charity for the under privileged; Charity tours 		
<p>b. Professional interaction</p> <p>(Please be reminded that for this section you will be required to present the AHPCSA certificate of</p>	<p>Purpose: To facilitate exposure to Chiropractic and medical practitioners to enhance the interns professional persona, knowledge and skills.</p> <p>Minimum requirements: 50 hours</p> <p>Example of activities relevant to this section:</p>	<p>Name of contact person, date and time.</p> <p>This needs to be on a letterhead or doctors pad indicating duration of visit, date and duly</p>	<p>Copies of the written interaction</p>

<p>internship registration as well as the letter supplied by the Registrar to the people that you wish to observe)</p>	<p>Observation of:</p> <ul style="list-style-type: none"> - 5 Chiropractic Treatments by 5 or more chiropractors for at least 5 hours each, 3 of which must be qualified for at least 2 years - 5 medical treatments by 5 or more other medical professionals (diagnostic professions) for at least 5 hours each. For example: <ul style="list-style-type: none"> • Any practitioner registered with AHPCSA • Any practitioner registered with HPCSA 	<p>Signed by the Chiropractor/ other registered medical practitioner or registered practitioner</p>	
<p>c. Educational drives / public relations</p>	<p>Purpose: Market and promote chiropractic to the public</p> <p>Minimum requirements: 10 hours</p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> • <u>Public Talks</u> - Presenting a public talk (talk available from Dr Korporaal), for example public relation events where chiropractic is discussed and promoted. • Attending Career Fairs where chiropractic as a profession or the chiropractic programmes are discussed and promoted 	<p>Organisation name, date, time and duration of presentation</p>	<p>Copies of the presentation, letter from the head of the relevant institution</p>
<p>d. Sports events</p>	<p>Purpose:</p> <p>Minimum requirements: 10 hours / a minimum of 20 sports patients seen</p>	<p>Event name, date and time period.</p>	<p>Diary, letter from relevant authority</p>

	<p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> As arranged through the Regional Internship Committee / ChiroSport / institutions etc. <p>N.B. Hours claimed at sports events will be the total duration of the event and not total number of patients seen, time in between patients could be spent doing the following:</p> <ul style="list-style-type: none"> Case discussions with clinicians; Adjustive technique tutoring; Competencies; PR; Inter-professional education 		
e. Chiropractic Clinics	<p>Purpose: Refine clinical skills and remain clinically competent</p> <p>Minimum requirements: <u>17.5 hours</u></p> <p>Example of activities relevant to this section:</p> <ul style="list-style-type: none"> Patients seen at each institutional clinic (over and above programme clinical requirements) 1 new patient = 1 hour; 1 follow up = 30 minutes You need to see at least 5 new patients and 25 follow-ups over and above your institutional clinic requirements. 	Clinic co-coordinator or clinic administrator	Copy of patient number printout
f. Remunerated work / paid work	<p>Purpose: Enhance intern skills for the work place</p>	Work place manager / supervisor / coordinator	Copy of a letter that is signed by the relevant line manager

	<p>Minimum requirements: <u>No minimum hours but a maximum of 100 hours</u></p> <p>Example of activities relevant to this section:</p> <p>Health and Business related :</p> <ul style="list-style-type: none"> • Assistant Clinician • Clinic / Chiropractic Receptionist • Anatomy Table Assistant • Demonstrator (e.g. histology) • Fitness instructor (e.g. personal trainer, yoga, pilates, spinning) • First aid for sports club • Work for a wellness company • Reception work at a medical practice, chiropractic practice, pharmacist or health shop • Tutoring (e.g. younger health sciences students, school students) • Financial management 		
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5. FLOW DIAGRAM OF MILESTONES FOR INTERNSHIP

